

# Coaching Sessions Explained





# Goal:

To provide individualised, one-on-one coaching that helps riders make faster, more focused progress — whether they're brand new or experienced riders refining their craft.

#### **Overview:**

This is the most personalised coaching experience we offer. Each session is tailored to your level, pace, and goals. Whether you're starting fresh or tackling a specific challenge, private coaching gives you the direct feedback and targeted practice you need.

## What You'll Learn:

- V Foundational skills or advanced refinements, depending on your experience
- Custom drills that address your specific goals (balance, cornering, confidence, etc.)
- Real-time feedback and immediate adjustments to improve faster
- Increased confidence through focused progression and clarity in your riding

## Ideal for:

Riders of any age or ability, from first-timers to racers. Perfect for those who want undivided attention, a solid starting point, or to accelerate skill development in a private setting.



Ride Ready- Race Ready!

